

# LIVING IN AUSTRALIA



WELCOME TO THE  
LIVING IN AUSTRALIA STUDY



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# You Make

*all the difference*

## What is this study about?

**Australia is part of an international movement to better understand the needs of its people.**

This type of knowledge is crucial for good decision making, planning and support for Australians.

The Living in Australia study is designed to meet this need.

The study, which started in 2001 is sometimes referred to in the media as the Household, Income and Labour Dynamics in Australia study (HILDA).

In this study we collect and analyse information from thousands of different households across Australia. We ask questions about life in Australia including your employment, family relationships, education and wellbeing.

This allows researchers to find out, for example, how one area in your life can affect other areas and how people remain the same or change over time. It can also show us how external factors such as Government decisions and world events affect our lives. Ultimately this study is a source of information to those making economic and social welfare decisions for all Australians.

## What's involved?

**Taking part in the Living in Australia study involves answering questions about many different topics such as education, employment, retirement, income, family, and how you feel about different aspects of your life.**

Your interviewer will ask everyone in your household aged 15 years or older (as at 30th June) to answer these questions. This usually takes about 35 minutes. If any question makes you feel uncomfortable, simply ask your interviewer to skip to the next question.

One person in your household will also be asked about the household in general. This usually takes an additional 10 minutes to answer.

The study is designed to get a yearly update, so depending on your circumstances, we will visit you each year to find out about your life in the last 12 months.

To keep you up-to-date with the study's news and results, you will also be sent a copy of the Living in Australia newsletter next year.



## Why is this study so important?

**A number of other countries have similar long-term studies, including the USA, United Kingdom, Germany, Korea and Japan.**

The value this has brought to these countries is considerable. Your participation will ensure Australia continues to reap the same benefits.

The information you provide will have a long-term impact on Australia's direction. Every year that you and other households respond, the study increases in value and in its power to influence decision making.

**Your input will enrich the information we have on topics such as:**

- Planning for our ageing population
- Pathways into work for young adults
- How health and smoking behaviours are changing among Australians
- Understanding unemployment patterns in Australia
- The impact of long working hours
- The reasons for changes in Australia's birth rate
- The personal and national costs of mental illness
- The division of household chores between men and women
- Childcare: accessibility and who uses it
- The effect of household debt on Australians
- Parental leave arrangements available to Australian parents
- The impact of separation and divorce on income
- Job satisfaction of Australians
- How health influences the ability to work

## Our thanks to you

Each person participating will receive a thankyou gift of up to \$80. Once you have completed your personal interview you will receive \$50 and a further \$30 upon completion of your Self-Completion Questionnaire.



## Why have I been asked to take part?

**We are interested in Australian households.**

**To understand the ways in which they work, we need to talk to everyone in participating households.**

You have been invited to take part in the Living in Australia study because you are living in the household of someone who is participating.

The study began in 2001 and the people who took part in the first year were chosen at random. Additional households were added in 2011.

Everyone living in these households is invited to take part.

Participation is by invitation only. You are one of the lucky people who have been chosen to share your unique experience of living in Australia. This provides you with the opportunity to influence Government and social decisions with hard facts about your life and your household situation.

## Is this study voluntary?

**Yes, this study is voluntary.**

However, because only certain people are chosen to become part of the study, the participation of everyone who is contacted is very important. Your views and experience in Australia are unlike that of anybody else. If you wish to withdraw your answers before the data is processed, you can do so by calling **1800 656 670**.



# Protecting your privacy

## Who is carrying out this study?

**The Melbourne Institute at the University of Melbourne designs and manages the study.**

The study is funded by and conducted on behalf of the Australian Government.

Roy Morgan, one of Australia's best-known and longest established market and social research companies, has been contracted to conduct the Living in Australia interviews since the beginning of 2009. Roy Morgan is highly regarded for its integrity and independence and is well known for the Morgan Poll (Australia's longest running and trusted poll).

These organisations are proud to be part of this important study.

## More information

If you have any questions, please freecall **1800 656 670** or visit us online at **[www.livinginaustralia.org](http://www.livinginaustralia.org)**. Your interviewer will also be able to help you with any queries you may have when they visit you.

This project has human research ethics approval from The University of Melbourne [Project ID 31363]. If you have any concerns or complaints about the conduct of this research project, which you do not wish to discuss with the research team, you should contact the Research Integrity Administrator, Office of Research Ethics and Integrity, University of Melbourne, VIC 3010. Tel: +61 3 8344 1376 or Email: [research-integrity@unimelb.edu.au](mailto:research-integrity@unimelb.edu.au). All complaints will be treated confidentially. In any correspondence please provide the name of the research team (HILDA Survey) and / or the name or ethics ID number of the research project.



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